

# Adfinitas Health Rehabilitative Services

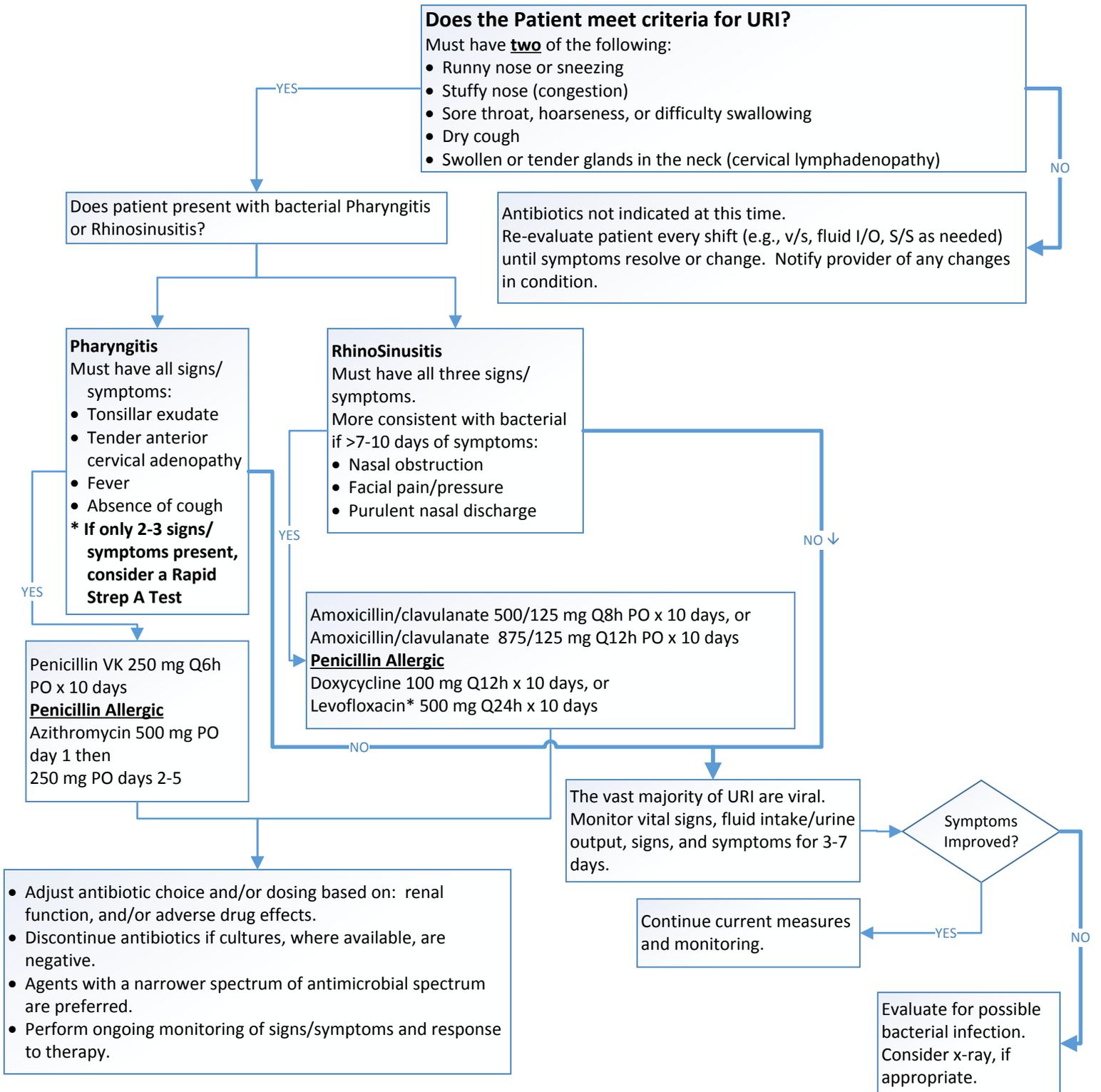
## Clinical Guidelines

Guideline Title: Algorithm for the Management of Upper Respiratory Tract Infections in Older Adults

Purpose: To assist with the evaluation and management of upper respiratory tract infections in older adults. Guideline is intended to help inform clinical practice and is not intended nor should it be utilized to establish a standard of care. In addition, it is understood that every patient and every clinical circumstance is unique and individualized. Therefore, the provider should apply their own clinical judgment to the specific factors presented in determining the most appropriate care to be delivered to any particular patient.

Scope: Post-Acute Clinicians

## Algorithm for the Management of Upper Respiratory Tract Infections in Older Adults



Adapted from JAMDA Algorithms Promoting Antimicrobial Stewardship in LTC B.J. Zarowitz et al./JAMDA 17 (2016) 173-178

Pharyngitis: <https://www.cdc.gov/getsmart/community/materials-references/print-materials/hcp/adult-acute-pharyngitis.html>

Sinusitis: "https://www.uptodate.com/contents/acute-sinusitis-and-rhinosinusitis-in-adults-clinical-manifestations-and-diagnosis/abstract/6" Rosenfeld RM. CLINICAL PRACTICE. Acute Sinusitis in Adults. N Engl J Med 2016; 375:962.